

Official Rules:

Program runs from January 1 – December 31. Each day you are involved in an activity inside the club, you will receive 1point. You must accumulate 25 points within 90 days after you begin the program. Staff must initial your attendance tracking booklet each time you complete a workout. New booklets are available at the service desk.

Awards:

- 25 Workouts – 30-minute Personal Training, 4-Session Tanning Package, 4-Session Pickleball or 10-Visit Childcare Card
- 50 Workouts – Fit Rewards T-Shirt
- 100 Workouts – Wall Plaque Recognition

**ALL 25 POINT PRIZES
EXPIRE ONE YEAR FROM EARNED DATE**



FIT REWARDS 2020

Personal Workout Log Of:

White River Club



Your Life. Your Health. Your Choice!

1545 S. Scatterfield Rd.
Anderson, IN 46016
(765) 640-8077
www.whiteriverclub.com

Workout	1	2	3	4	5
Date					

Workout	6	7	8	9	10
Date					

Workout	11	12	13	14	15
Date					

Workout	16	17	18	19	20
Date					

Workout	21	22	23	24	25
Date					

AWARD
(see front side)

Workout	26	27	28	29	30
Date					

Workout	31	32	33	34	35
Date					

Workout	36	37	38	39	40
Date					

Workout	41	42	43	44	45
Date					

Workout	46	47	48	49	50
Date					

AWARD
(see front side)

Workout	51	52	53	54	55
Date					

Workout	56	57	58	59	60
Date					

Workout	61	62	63	64	65
Date					

Workout	66	67	68	69	70
Date					

Workout	71	72	73	74	75
Date					

Workout	76	77	78	79	80
Date					

Workout	81	82	83	84	85
Date					

Workout	86	87	88	89	90
Date					

Workout	91	92	93	94	95
Date					

Workout	96	97	98	99	100
Date					

AWARD
(see front side)